



Age	16 km	40 km	80 km
M30	00:23:30	01:01:12	02:06:21
M31	00:23:38	01:01:32	02:07:04
M32	00:23:46	01:01:53	02:07:47
M33	00:23:54	01:02:14	02:08:30
M34	00:24:03	01:02:38	02:09:18
M35	00:24:12	01:03:01	02:10:06
M36	00:24:21	01:03:24	02:10:55
M37	00:24:30	01:03:48	02:11:43
M38	00:24:40	01:04:14	02:12:37
M39	00:24:50	01:04:40	02:13:31
M40	00:25:00	01:05:06	02:14:25
M41	00:25:11	01:05:34	02:15:24
M42	00:25:22	01:06:03	02:16:23
M43	00:25:33	01:06:32	02:17:22
M44	00:25:44	01:07:00	02:18:21
M45	00:25:55	01:07:30	02:19:20
M46	00:26:06	01:07:58	02:20:19
M47	00:26:18	01:08:29	02:21:24
M48	00:26:30	01:09:01	02:22:28
M49	00:26:42	01:09:32	02:23:33
M50	00:26:54	01:10:03	02:24:37
M51	00:27:06	01:10:34	02:25:42
M52	00:27:18	01:11:06	02:26:46
M53	00:27:30	01:11:37	02:27:51
M54	00:27:42	01:12:08	02:28:55
M55	00:27:54	01:12:39	02:30:00
M56	00:28:06	01:13:11	02:31:05
M57	00:28:18	01:13:42	02:32:09
M58	00:28:30	01:14:13	02:33:14
M59	00:28:43	01:14:48	02:34:23
M60	00:28:56	01:15:21	02:35:33
M61	00:29:09	01:15:55	02:36:43
M62	00:29:22	01:16:29	02:37:53
M63	00:29:35	01:17:02	02:39:03
M64	00:29:48	01:17:36	02:40:13
M65	00:30:01	01:18:10	02:41:23
M66	00:30:14	01:18:44	02:42:33
M67	00:30:27	01:19:18	02:43:43
M68	00:30:40	01:19:52	02:44:53
M69	00:30:54	01:20:28	02:46:08
M70	00:31:08	01:21:05	02:47:23
M71	00:31:22	01:21:41	02:48:38
M72	00:31:36	01:22:18	02:49:54
M73	00:31:50	01:22:54	02:51:09
M74	00:32:04	01:23:30	02:52:24
M75	00:32:18	01:24:07	02:53:39
M76	00:32:32	01:24:43	02:54:55
M77	00:32:46	01:25:20	02:56:10
M78	00:33:00	01:25:56	02:57:25
M79	00:33:15	01:26:35	02:58:46

Age	16 km	40 km	80 km
M80	00:33:30	01:27:14	03:00:06
M81	00:33:45	01:27:53	03:01:27
M82	00:34:00	01:28:33	03:02:48
M83	00:34:15	01:29:12	03:04:08
M84	00:34:30	01:29:51	03:05:29
M85	00:34:45	01:30:30	03:06:50
M/F	00:00:00	00:00:00	00:00:00
F30	00:24:40	01:04:14	02:12:37
F31	00:24:50	01:04:40	02:13:31
F32	00:25:00	01:05:06	02:14:25
F33	00:25:11	01:05:34	02:15:24
F34	00:25:22	01:06:03	02:16:23
F35	00:25:33	01:06:32	02:17:22
F36	00:25:44	01:07:00	02:18:21
F37	00:25:55	01:07:30	02:19:20
F38	00:26:06	01:07:58	02:20:19
F39	00:26:18	01:08:29	02:21:24
F40	00:26:30	01:09:01	02:22:28
F41	00:26:42	01:09:32	02:23:33
F42	00:26:54	01:10:03	02:24:37
F43	00:27:06	01:10:34	02:25:42
F44	00:27:18	01:11:06	02:26:46
F45	00:27:30	01:11:37	02:27:51
F46	00:27:42	01:12:08	02:28:55
F47	00:27:54	01:12:39	02:30:00
F48	00:28:06	01:13:11	02:31:05
F49	00:28:18	01:13:42	02:32:09
F50	00:28:30	01:14:13	02:33:14
F51	00:28:43	01:14:48	02:34:23
F52	00:28:56	01:15:21	02:35:33
F53	00:29:09	01:15:55	02:36:43
F54	00:29:22	01:16:29	02:37:53
F55	00:29:35	01:17:02	02:39:03
F56	00:29:48	01:17:36	02:40:13
F57	00:30:01	01:18:10	02:41:23
F58	00:30:14	01:18:44	02:42:33
F59	00:30:27	01:19:18	02:43:43
F60	00:30:40	01:19:52	02:44:53
F61	00:30:54	01:20:28	02:46:08
F62	00:31:08	01:21:05	02:47:23
F63	00:31:22	01:21:41	02:48:38
F64	00:31:36	01:22:18	02:49:54
F65	00:31:50	01:22:54	02:51:09
F66	00:32:04	01:23:30	02:52:24
F67	00:32:18	01:24:07	02:53:39
F68	00:32:32	01:24:43	02:54:55
F69	00:32:46	01:25:20	02:56:10
F70	00:33:00	01:25:56	02:57:25
F71	00:33:15	01:26:35	02:58:46
F72	00:33:30	01:27:14	03:00:06
F73	00:33:45	01:27:53	03:01:27
F74	00:34:00	01:28:33	03:02:48
F75	00:34:15	01:29:12	03:04:08
F76	00:34:30	01:29:51	03:05:29
F77	00:34:45	01:30:30	03:06:50